

Equine Partners

Equine Partners CIC was founded in 2010 to provide support for children, teenagers and their families when life is tough, for whatever reason.

Working with horses, our visitors learn things about the horses and about themselves. There is no riding and previous experience with horses is not needed.

We work from the basic principle that everybody is doing the best they can with the resources they have available at the time. Our role is to enable them to discover resources from within themselves that they may not have been aware of and or offer some different ideas for them to try. This enables them to develop new ways of doing things that will begin to make life more comfortable for them.

We work mainly with family groups and also provide some 1-1 or group sessions. We also work with schools. During their time with us, visitors will spend time with the horses grooming and getting to know them, then playing a number of different games with the horses. With the aid of qualified facilitators, they will discover different ways to communicate, understand the way different family members think and process information, build relationships, manage emotions and understand how they can protect their own well-being whilst still taking responsibility for those they look



after, among other things. We can help families understand and work with conditions such as Autism, ADHD, sensory processing issues and coming to terms with other conditions or with life events such as bereavement. We also help with building self-confidence and self-esteem as well as recognise or develop life skills.



We usually suggest a series of 6 sessions as being a good number to get the most out of their time with us

Equine Partners CIC is a not for profit community interest company which means that all our assets

are locked for the benefit of the community. We do charge for our sessions. This plus some grants is how we pay for the costs of looking after the horses and providing the service. There are a number of ways to fund the sessions and we are always

happy to help with this. We are based at Wisborough Green just outside Billingshurst, West Sussex. When the weather allows we enjoy working outside and in wet weather we have a nice dry barn to work in.

For further information do please look at our website

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