

## OUR TEAM

- \* Our team consists of three qualified practitioners, at least one of whom is in attendance at every session. We also have a number of highly skilled volunteers who assist us.
- \* We have a Certified EAGALA practitioner and two INLPTA qualified NLP Master Practitioners. We receive supervision and adhere to the codes of practice of these organisations.
- \* We have several first aiders and there is always at least one on site
- \* We are all DBS checked
- \* We are fully insured
- \* We ensure that child protection policies are strictly followed.
- \* We have specialisms in Autism and bereavement. We are also happy to support young people who are self harming
- \* We also have undertaken Hidden Sentence training to enable us to support the families of prisoners.



## OUR HORSES

We have different sizes of horses and ponies - all of them are friendly and happy to meet visitors.

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**Equine Partners CIC**  
is a not for profit  
Community Interest Company  
Number 7915905

**Contact us**  
Telephone: 07739 359213  
E-mail: [info@equine-partners.co.uk](mailto:info@equine-partners.co.uk)  
Web Site: [www.equine-partners.co.uk](http://www.equine-partners.co.uk)

All assets of the company are locked for the benefit of the local community

It is important to realise that, as with any activity involving horses, there is a level of risk, as animals can be unpredictable.

We are based at Wisborough Green near Billingshurst in West Sussex

We have a parking area if you come by car. We can also pick you up from Billingshurst train station.

## EQUINE PARTNERS CIC

Equine Assisted Learning and  
Therapeutic Horsemanship



[www.equine-partners.co.uk](http://www.equine-partners.co.uk)

Frequently asked questions

## Equine Assisted Learning (EAL)

- \* EAL sessions last approximately an hour. (we stop at a good moment close to the hour).
- \* Fran, Jo or Clare will help you to enjoy the horses company, play some games and do some thinking
- \* EAL is a solutions focused approach so we do not go back into the past. We do look at where the family would like to be and how to get there.
- \* There is no riding in these sessions
- \* Each EAL session are charged per family. There is no limit on the number of family members that can attend or on their ages.
- \* These sessions help the family work together as a team to overcome the difficulties that they are facing and to find ways to make life work as they would like it to
- \* If finances are a difficulty do please talk to us. We may be able to help



## Who should attend the EAL sessions?

We like to work with the family unit as a whole as this enables all members to understand and make use of the tools we provide and increases the likelihood of the changes being successfully implemented and sustainable away from the horses

We work with all different types of families and across generations.

## Therapeutic Horsemanship (TH)

- \* These are one to one sessions and are approximately an hour long
- \* These sessions are based on a Natural Horsemanship approach in order to develop skills with the horses.



- \* TH is particularly effective for teaching patience, emotional regulation, perseverance, communication skills and trust and also building confidence and courage.

**Group work** for schools or other organisations: For details please contact the team